

## **SESSION PREPARATION AND SET UP**

IT check

Materials prep: Facilitation Guidance

- Study assigned SAPR materials.
- Prep the physical training space.
- Presentation basics:
  - Focus on the audience and move around if possible
  - Make proper eye contact
  - Show a positive and professional attitude toward the subject
  - Maintain flexibility
  - Practice active listening skills
- Opportunities for discussion will arise. Use these opportunities to ask questions and increase understanding. Do not leave with questions.
- The Lesson Plan begins on page 2.

## **PRIMARY TRAINING OBJECTIVES**

Ensure Sailors understand:

- Sexual assault is a crime that will not be tolerated.
- The Department of the Navy is taking action to eliminate sexual assault from our ranks.
- The goal of this year's SAAM campaign is to heighten awareness and prevention efforts.
- Eliminating sexual assault from our ranks is an all hands effort that is leadership driven.
- Leadership will support victims, hold offenders appropriately accountable, and ensure all parties receive due process of law.
- "Small," negative behaviors, such as sexist comments and crude jokes, initiate a continuum of harm that encourages sexual harassment and sexual assault.
- Every member of the Navy-Marine Corps team is responsible for creating a command climate that is intolerant of sexual harassment and sexual assault.
- Successfully functioning and mission-ready commands are focused on trusted professional relationships that are respectful of individual dignity and diversity.

*"Our men and women in uniform put their lives on the line every day to try to keep America safe. We have a moral duty to keep them safe from those who would attack their dignity and their honor."*

- Honorable Leon Panetta  
Secretary of Defense

**LESSON PLAN**

Week 3	“Prevention is Everyone’s Duty”	
Run the CSADD video with FTLCM Benning introduction and immediately begin discussion.		
Lead	Topic	Content/questions
	CSADD video with FTLCM Benning	<p>This video was developed for the purposes of bringing Navy personnel a perspective on the extent and crippling effect of sexual assault that persists in our midst.</p> <p>Focus is on bystander intervention and its vital role in the prevention of sexual assault.</p>
	Active engagement to preventing sexual assault	<p>How can we ensure our Sailors are prepared to prevent sexual assault?</p> <p>A sailor can learn about Bystander Intervention – a strategy the DoD and DoN have launched in an all out effort to get us to engage in preventing sexual assault.</p> <ul style="list-style-type: none"><li>- Active bystanders take the initiative to help someone who may be targeted for a sexual assault. They do this in ways that are intended to avoid verbal or physical conflict.</li><li>- Active bystanders also take the initiative to help friends, who are not thinking clearly or whose judgment may be clouded from the effects of alcohol or other substances, from becoming victims or offenders of crime.</li><li>- Intervention does not mean that you directly intervene to stop a crime in progress; rather, these steps are “early intervention” – before the crime begins to occur.</li></ul>
	BI Objectives	<p>BI emphasizes the responsibility of all Sailors and Marines to protect each other and to actively intervene in circumstances that may lead up to sexual assault.</p> <p>BI is intended to educate Sailors that, as bystanders, they have the power – and responsibility – to intervene in a potentially</p>

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		<p>harmful situation, regardless of rank.</p> <p>BI training is part of a larger sexual assault prevention and response strategy addressing changes in attitudes and behaviors in the Department of the Navy.</p> <p>Sailors are trained <b>not</b> as potential perpetrators or victims of sexual assault, but as bystanders who can and will intervene with other Sailors when they encounter risky situations.</p> <p>We share the responsibility for protecting each other from sexual assault, and supporting victims when it does occur. We can lead this charge by confronting and changing insensitive attitudes wherever they persist.</p>
	BI Training Goals	<p>The focus of Bystander Intervention initial skills training is to:</p> <ul style="list-style-type: none"> <li>- Recognize that the only wrong response is to do nothing.</li> <li>- Understand corrosive effects of sexual violence.</li> <li>- Introduce Bystander Intervention techniques and provide forum for discussion about mental models, assumptions, consent and cultural beliefs.</li> <li>- Calibrate attitudes and provides skills to take action.</li> </ul>
	BI Tools	<p>Introduce the “Bystander Intervention Playbook” slideshow (available for download on <a href="http://www.sapr.navy.mil">www.sapr.navy.mil</a>)</p> <p>Facilitator note: In addition, the website has a “Bystander Intervention” Quick Sheet that can be distributed to attendees.</p>
	Confronting and Changing Attitudes	<p>We should actively work and pledge to:</p> <ul style="list-style-type: none"> <li>- Treat one another with respect and dignity, regardless of gender, race, or religion, or orientation.</li> <li>- Not tolerate any form of sexual harassment or sexual violence, including images or statements that may objectify and degrade a group of people within the workplace or at Navy sponsored events.</li> <li>- Immediately report all incidents of sexual harassment or sexual assault regardless of the victim’s gender.</li> <li>- Be a leader – intervene.</li> </ul>
	Close Out and Action	<p>Our ultimate goal is a Navy culture of professionalism, respect and trust where sexual assault is eliminated and never tolerated.</p> <p>Although SAAM places a focus on sexual assault during the month of April, prevention and awareness of sexual assault must continuously be enforced. By speaking out and educating</p>

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		ourselves and others, we can help to decrease the number of sexual assaults throughout the year.
<b>DoD Safe Helpline is a groundbreaking crisis support service for members of the DoD community affected by sexual assault. Safe Helpline provides live, one-on-one advice, support, and information to the worldwide DoD community. The service is anonymous, secure, and available 24/7 – providing victims with the help they need, anytime, anywhere. Text zip code or installation/base name to 55-247 (CONUS) or 202-470-5546 (OCONUS), Call 877-995-5247 or Chat at SafeHelpline.org.</b>		